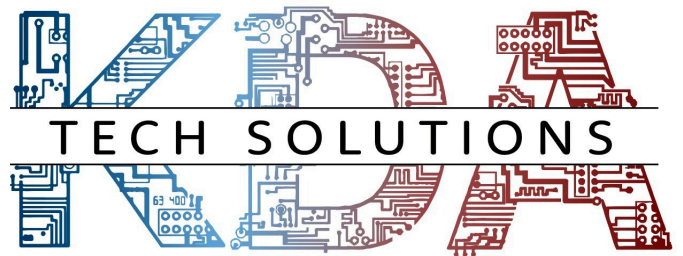


# THE TECH PULSE

TIPS TO HELP YOUR BUSINESS RUN FASTER,  
SMOOTHER, SAFER AND MORE PROFITABLE.

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March 2025

## BOUNCE BACK LIKE A BOSS

### CYBER RESILIENCE

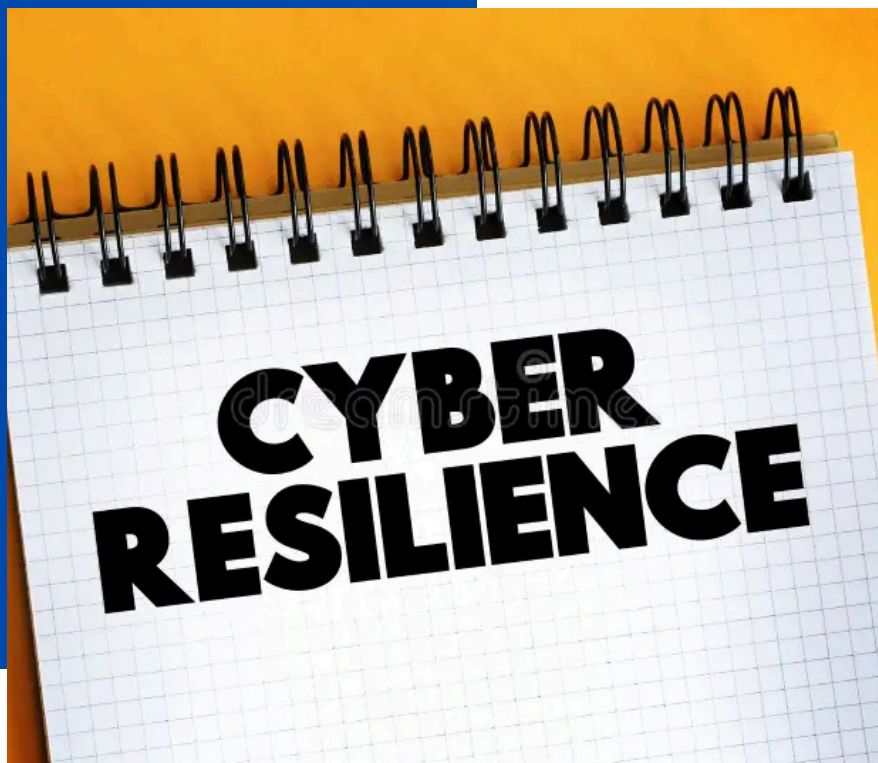
#### How A Deep Dive into the Six Elements of Cyber Resilience

Cyber resilience means more than just preventing attacks. It's about building systems that allow your business to recover and continue operations after a breach. To make your business more resilient, focus on these elements: cybersecurity, incident response, business continuity, adaptability, employee awareness and regular compliance. Each element plays an integral role in fortifying your business against cyberthreats.

#### Challenges to Achieving Cyber Resilience and How to Overcome Them

Cyber resilience can feel like an uphill battle, especially with constantly evolving threats and resource constraints. However, if you invest in regular risk assessments, strategic planning and a proactive approach to cybersecurity, you'll be better equipped to face these challenges head-on. Resilience isn't about avoiding every threat but preparing for the unexpected.





## The Six Building Blocks of Cyber Resilience

- Govern
- Identify
- Protect
- Detect
- Respond
- Recover

### Strategic Cyber Resilience: A Quick Guide for Business Leaders

To build solid cyber resilience, focus on identifying key risks to your business and implementing the right controls to safeguard your operations. Proactive defense, quick response, business continuity, ongoing updates to security measures, compliance, and a security-conscious culture are critical components you must prioritize. By strengthening these areas, you'll help protect your business from cyberthreats and ensure it remains resilient.

